

# PIQUA - INTERNAL

## A connection to Heaven & Earth

要掛神還



(Internal Spiritual Piqua Zhang)



Master Wong is offering an internal practice method for Piqua Zhang (Palm), a way to open one's tendons, muscles and mind.

This Piqua seminar will not only help enhancing one's body condition but also understand utilizing the natural energies around us to assist in our daily living. It begins with basic practice and further developing a connection to Natural Energies of five elements and beyond. This is from Master Wong's personal perspective of Piqua energies.

Piqua Zhang (Palm) is the 'Ying' part of Baji/Piqua combination training in the past, as the Baji is the 'Yang' part of this combination. It takes both energies to make a complete art of Baji/Piqua practitioner due to the characteristics of these styles.

**ALL PARTICIPANTS ARE WELCOME!**

**A second level of Internal Combination of Baji & Piqua Seminar will be in June of 2021.**

**Date: 02/06 & 02/07/20  
Time: 3pm to 5pm Alaska Time  
Cost: \$150 for general  
\$100 for senior over 65**

**AK Wu Tan Kung Fu & Tai Chi Institute  
Email address: [info@wutanalaska.com](mailto:info@wutanalaska.com)**